



Headteacher: Miss Georgina Scott

Nurture, Inspire, Flourish.



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Newsletter 19 – 5<sup>th</sup> February 2021

We commit ourselves to be resilient and persistent when working towards ambitious targets.

## Headteacher's News

Good afternoon parents and carers,

What a wonderful week celebrating mental health. I hope you have enjoyed the learning your child/children have been completing and have managed some relaxation this week. Whilst as a school we are thinking about the mental health of our children at school, we wanted to also take this opportunity to recognise what a challenging time home schooling and lockdown number 3 is for everyone. THANK YOU parents and carers for all of your hard work, dedication, perseverance and willingness when engaging with your child's/children's learning. Learning is very different to how it was when you or I were at school and we recognise the continued support you offer even when you may feel like pulling your hair out over tense, phonics, fractions or getting your child to write the date! You are appreciated!



One of our governors and a member of our parent community shared this with us this week and I think it may apply to us all. Taken from The Boy, The Mole, The Fox And The Horse by Charlie Mackesy.

Once again I have had the pleasure of speaking with and congratulating some of our children and families for all of their hard work. We have had some lovely ideas as to how we could reach more children to celebrate their efforts which will hopefully be shared with you soon. I would like to give a shout out of celebration to the following children;



Eva R in Maple Class  
Lily-Mai M in Lime Class  
Amelia LP in Cherry Class  
Zoe H in Cherry Class  
Tyler B in Oak Class  
Harry J in Sycamore Class  
Harry Mc in Cedar Class

Keep smiling, keep shining!

Kind regards,  
Georgina Scott

### Reading Certificates

Millicent B, Amelia LP, Jenson W, Maya G

Good afternoon,

As a school, we have been told about a free online emotion coaching course that I felt may be of interest to you. Emotion coaching is a strategy (based on neuroscience) that supports children to learn how to recognise and regulate their own emotions. If you do the course, please let us know how you found it. If you don't think it is for you then please just ignore this message.

<https://www.openlearning.com/courses/mindful-emotion-coaching/?cl=1&redirectTo=https%3A%2F%2Fwww.openlearning.com%2Fcourses%2Fmindful-emotion-coaching%2FHomePage%2F>

If you would like more information about how you can support your child with their mental health you may like to look at the South Glos Mind You website.

<http://sites.southglos.gov.uk/mind-you/>

**mindyou**

### Children's Mental Health Week



WE'RE PROUD TO SUPPORT  
**CHILDREN'S MENTAL  
HEALTH WEEK**

[CHILDRENSMENTALHEALTHWEEK.ORG.UK](http://CHILDRENSMENTALHEALTHWEEK.ORG.UK)  
#CHILDRENSMENTALHEALTHWEEK

Thank you to everyone for engaging with 'Dress to Express!' and mental health week.  
Thank you also for the donations to Place2Be!



### Courtney Crown Trail #courtneycrowntrail 🏰

We are excited to finally be able to share the details of our Courtney Crown Trail which will start tomorrow, Saturday 6th February. There are three separate walking trails. Find all the letters within each trail and unscramble them to find a word. There are three words to complete, one per trail. Email the word/s to [chairfocp@gmail.com](mailto:chairfocp@gmail.com) for the chance to win a chocolate selection box! A winner will be picked randomly from all the correct answers.



You should receive a Courtney Crown Trail Sheet and What3Word Instructions which explains everything you should need to know via email today. The Courtney Crown Trail is free. But if you would like to donate to FOCP, please donate using secure online banking via this link: <https://app.offspring.co/BtRCKIOA4>. Thank you to everyone who has volunteered to be part of the trail. Hopefully everyone has now got their crown and letter posters in place. We have done everything we can to make sure that all the locations are correct. However, if you find any locations where you are unable to see a crown or letter, please email [chairfocp@gmail.com](mailto:chairfocp@gmail.com) or contact us via our Facebook page.

**Please join our "Courtney Crown Trail" event on Facebook. We would love to see your progress on Facebook / Twitter. Please use the hashtag #courtneycrowntrail.**

### Valentine's Virtual Balloon Race

For the chance of winning £500 cash, we are running another virtual balloon race, this time taking off from the Eiffel Tower on 14th February. Each virtual balloon costs £3 and can be bought from: <https://ecoracing.co/user/page/1294>

The FOCP bought balloon that travels furthest will win a Valentine's Day hamper which includes wine and chocolates.

### FOCP Social Media

Please follow our "Courtney FOCP" page on Facebook (search for @focpcourtney) or @CourtneyFocp on Twitter.

