

The Sanctuary

We hear you. We are here for you.
We are a safe place.

A black and white line drawing of two people sitting on a bench, viewed from behind. They are sitting under a large, leafy tree. The drawing is set against a circular white background that is part of a larger teal graphic.

**Service
update**

We are currently running a telephone only service.

This is seven days a week from 4-10pm.

You can call us on 01179 542 952 or 07709 295 661.

**After an initial informal assessment we will
allocate a time slot for people during
the evening when staff will call
back and offer support.**

**Bristol
Mental
Health**

**the
sanctuary**

St Mungo's
Rebuilding lives

The Sanctuary is a safe space for you, for when you can't cope any more or are feeling desperate and alone.

We are running a telephone only service, seven days a week from 4-10pm. We will work with you as an individual to try and find some balance.

Please call us to book a time and help us to identify how we can support you.

About us

The Sanctuary is managed by St Mungo's.

St Mungo's is a charity and housing association which manages emergency, prevention and recovery services for people who are homeless or at risk of homelessness.

The Sanctuary is part of **Bristol Mental Health**, created in 2014 following calls from service users, carers and GPs for better mental health services in the city.

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