



Headteacher: Ms Georgina Scott

Nurture, Inspire, Flourish.



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Dear Parents/Carers,

22nd November 2021

PE uniform

At Courtney, we aim for high standards in all areas including appropriate uniform for PE. Ensuring all children are wearing correct clothing for physical activities enables them to feel like a team and have the correct mind-set when they start their PE lessons.

Wearing correct PE uniform helps teachers to reduce lesson injuries (ie. Tripping over shoe laces), increase confidence and participation and helps to eliminate judgement on whether the children are wearing the latest brand or trend.

Children at Courtney must wear on their PE days:

- A white t-shirt (they will also need a plain, house colour T-shirt)
- Black shorts or joggers (unbranded or small logo)
- Appropriate running daps or trainers
- A dark coloured hoodie/sweatshirt (unbranded or small logo)

Children in Year 4 and Year 5 will also partake in swimming where they will need to make sure the following list is brought to school in a waterproof swimming bag:

- A swimming costume (no bikinis/tankinis)
- Swimming trunks
- A towel
- Goggles

All children must ensure:

- All jewellery is removed on PE days or covered with a plaster
- Long hair is tied back in a secure hairband

Please note, staff are not allowed to remove or keep hold of students' jewellery.

Although children are now wearing their PE kits into school, we still highly recommend that you label all items of your children's clothing. If anything is lost, please check lost property.

Kind regards,

Miss Laura Tarbard

PE Lead