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'Nurture, Inspire, Flourish.'

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23rd April 2018

Dear parents,

We are writing to let you know about an exciting event here at Courtney. On **Friday 18th May**, 1.30 – 3.00pm we will be holding the **Courtney K Challenge!** to tie in with the Bristol 10k the weekend before.

We will set up a 1km track around the school and will be asking pupils and staff to complete the course. Pupils will set off in waves (which will be class based initially) and will be encouraged to walk or run the course at least once. They can complete it as many times as they would like over the course of the afternoon although they can take breaks between each lap to recover!

The route will start and finish on our sports field and there will be refreshments available. There will also be a couple of fun stages around the course where pupils can opt in or out of being splattered with water and/or powder paint! There will also be an inter-house competition to see which house can, collectively, run the greatest distance.

There are two aims of the event. Firstly, we want to encourage our children to live active lifestyles by showing them how much fun doing sport can be! Secondly, we are hoping to raise some money to buy new playground markings for our lower playground to encourage more children to have fun and be active at break and lunch time. Some photos of the type of markings that we are looking to buy are on the back of this letter.

We would, therefore, like your child to obtain sponsorship for the event. We have enclosed a sponsorship form with this letter. Sponsors can either give a set amount or sponsor per km. After the event, we will send each child home with confirmation of how many km they ran. We will then ask for sponsorship forms and money to be returned by **8th June 2018**.

Parents are welcome to attend the event and support all our runners!

How you can help:

- Encourage your child to take part in the event.
- Help your child to get sponsorship.
- Attend the event and support the runners.
- Send your child in to school on 18th May 2018 with trainers, shorts and t-shirts which you are happy to get wet /splattered with paint. (These may be old but equally some children might like to wear white clothes which will then get 'decorated' with the paint.)
- Notify the school if you / your child does not want to get wet/splattered with paint.

Thank you very much for your support. We do hope this will be an exciting and fulfilling event for the whole school community.







