



Headteacher: Miss Georgina Scott

Nurture, Inspire, Flourish.



Courtney Primary School, Courtney Road, Kingswood, Bristol, BS15 9RD Email: office@courtneyps.org.uk
www.courtneyprimaryschool.co.uk Tel: 01454 866670

Newsletter 20 – 12th February 2021

We commit ourselves to be resilient and persistent when working towards ambitious targets.

Headteacher's News

Good afternoon parents and carers,

Well, we have made it to half term! Hooray, I am sure you are all ready for a well-deserved break now. Once again thank you all for your continued support during lockdown with your child's/children's education this term. No easy feat! We have lots of support in this newsletter, with ideas for half term and support for parents, we recognise it is a lot but felt it would be helpful to all.

Our staff are due a well-deserved break also so are under strict instructions not to engage with their emails or blogs over half term. Any communication sent will be responded to during the first week back.

I still have some classes to drop in on during live sessions so bear with me if we are yet to meet virtually.

Once again I have had the pleasure of speaking with and congratulating some of our children and families for all of their hard work. We have had some lovely ideas as to how we could reach more children to celebrate their efforts which will hopefully be shared with you soon. I would like to give a shout out of celebration to the following children;

Cherry Class – Jenson W and Katy D

Oak Class – Josh G and Joey H

Ash Class – Lily C

Lime Class – Lilly B

Maple Class – Peter M

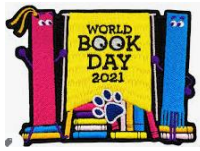
Sycamore Class – Caiden H

Cedar Class – Oliver A and Mark W

Keep smiling, keep shining!

Kind regards,
Georgina Scott





World Book Day celebrations 2021

World Book Day is 4th March this year. The first lockdown put a stop to our celebrations last year so we are doubling our efforts to mark it this year.

• **Virtual book fair 3rd - 5th March.** This event will be held virtually on Facebook in the form of a private Facebook group created and run by our Usborne Organiser. The more

engagement this event has, the more quality texts the school will be entitled to add to our library.

- **In school.** We have decided not to go down the route of asking the children to dress up. Instead, we will be doing a school wide art project.
- **Whole school.** There will be two exciting **competitions** running. One is to creatively recreate a book cover. The other is to make a potato into a book character. Photographs of entries along with name and year group to be sent to Miss Inman (missoakcourtney@gmail.com). There will be £10 book voucher prizes for EYFS, KS1 LKS2 and UKS2 for the winners of both competitions.
- **Assembly.** There will be a full school assembly at 2pm on 5th March. We will share the entries for the competitions and announce the winners. The children in school will be putting something together to share. For those who are currently taking part in home learning, it would be great if you could bring your favourite book to the assembly to hold up. Your parents and carers can bring theirs too!
- **DATES FOR DIARY**
- 3rd March – 5th March – Virtual book fair
- 3rd March – competition cut off point
- 5th March 2pm – Assembly



Managing your child's anxiety training - free,

Our fabulous play therapist, Kelly Mogg, is running a couple of online sessions to help parents support their child's anxiety. The sessions look at what anxiety in children is, how to communicate with your child and practical ideas of things to do at home.

The first session was held this week, it was a great success with positive feedback from parents.

Kelly will be holding another session on **Thursday 25th February at 19.30.** If parents would like to attend this, please email the office or Kelly directly so we can provide you with a link to the meeting:

office@courtneyyps.org.uk
kelly.mogg@courtneyyps.org.uk

Mental Health Awareness Webinar

South Gloucestershire Council are continuing with their mental health awareness webinar series.

You can book a free place for you/and your child at:

<https://sites.southglos.gov.uk/mind-you/webinar-series/>



FREE webinar series throughout February focusing on children & young people's mental wellbeing.

Monday 15 February - MAD for Life (16.30-17.30)

(parent/carer & young person session) Mindfulness and Direction, the session talks about how mindfulness and relaxation can improve mental capacity, connections and communication to support learning and focus for young people.

Tuesday 16 February - Introduction to Kooth (14.00-14.45): (young person session) Kooth is an online platform where young people aged 11+ can access counselling, forums, resources, support and much more.

Wednesday 17 February - Your Wellbeing in an Era of Race and Riot (15.00-16.00) (young person session):

Off the Record will explore some of the barriers young people face based on race and its impact and explore techniques to keep well.

Monday 22 February- Does your child/young person become easily overwhelmed: come and explore creative ways to help regulate their senses (10.00-12.00) (SEND parent/carer and young person session) – South Glos Parents and Carers will deliver this session for parents/carers of children & young people with any additional needs/disability and/or mental health needs AND the child/young person themselves. This will be an interactive practical session where you can make a sensory item with us or just simply watch and get ideas.

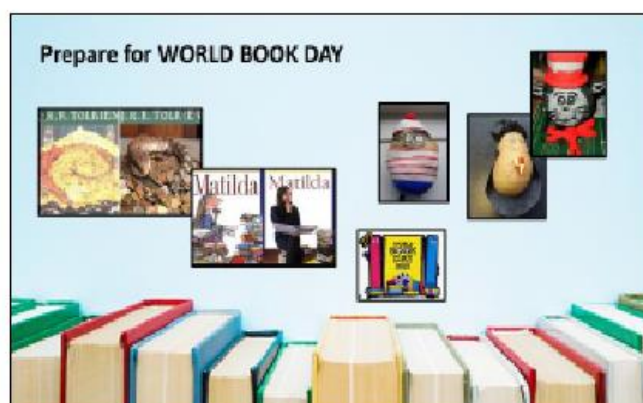
Winter Grant Scheme (information from South Gloucestershire Council)

The Winter Grant scheme aims to help meet immediate needs and really support those families who are struggling to afford food and utility bills (heating, cooking, lighting) and water for household purposes (including drinking, washing, cooking, central heating, sewerage and sanitary purposes), or other related essentials.

The financial support could include more practical items such purchase of blankets or more expensive items such as boiler / oven repairs or perhaps even a replacement oven if the existing one is broken beyond safe use / repair.

Parents and carers contact CAB on 03444 111 444 or the Council on 0800 953 7778 Quoting Winter Grant funding.

Half term ideas and activities EYFS – KS1



Take part...



FOCP Courtney Crown Trail

6th - 21st February

There are three separate walking trails. Find the What3Word locations using the App (or maps) and spot a crown 👑, along with a letter, in a nearby window. Find all the letters within each trail and unscramble them to find a word. There are three words to complete, one per trail. Email the word/s to chairfocp@gmail.com for the chance to win a chocolate selection box! A winner will be picked randomly from all the correct answers.

**TATE
KIDS**



Find joy in rainbows

A colour walk is a walk where you try to look for all the colours of the rainbow. You might think of it like a treasure hunt, where the treasure is colour!

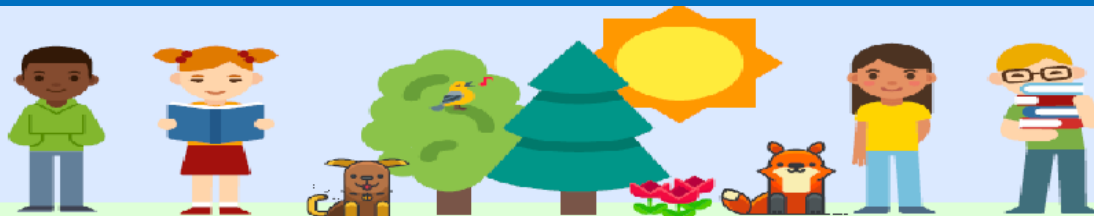
Look for things in every colour of the rainbow, one by one. You can photograph or draw each thing you find, write them down, or just look.

It's up to you how many things you want to find in the same colour. At different times of year this activity might look quite different!

When you finish your walk you could:
draw a map of your walk and add colourful drawings of some of the things you saw
make a collage of pictures you took
make colourful drawings of some of the things you saw together



WIRE
Award for Schools
Working Industry in Religious Education



Half Term Challenges

Courtney Primary School

At Courtney we have thought of some ideas for you to have fun and get active this Half Term. We are challenging you to complete some of these screen-free activities.

Get Cooking!



- ☐ 1. Cook a pancake! Can you make a savory or sweet pancake? (Pancake Day 16th Feb)
- ☐ 2. Flip your pancake? (Send in a video)
- ☐ 3. Cook (help cook) a meal for your family.
- ☐ 4. Create a smoothie or milkshake.
- ☐ 5. Have a tea party, invite your family or toys.

Go Outdoors!

- ☐ 6. Go puddle jumping, how many puddles can you jump in?
- ☐ 7. Go on a nature walk, how many steps have you taken or how far did you go?
- ☐ 8. Go get muddy, walk and squelch in the mud. Don't forget to put the washing on.
- ☐ 9. Go spy as many different animals and creatures as you can.
- ☐ 10. Can you spot any signs of Spring?



Connecting with others



- ☐ 11. Make a phone call (write a postcard) to someone you have not seen for a while.
- ☐ 12. Have a Games Night and play cards or a board game together.
- ☐ 13. Read a story to a member of your family
- ☐ 14. Help around the house with jobs or go help wash a car.
- ☐ 15. Pamper a member of your family ... home made face mask or hair style?

Lets get Physical

- ☐ 16. Make up a dance routine for a song | DANCE, DANCE, DANCE.
- ☐ 17. Jog for 1 kilometer or cycle for 5 kilometers.
- ☐ 18. Create your own Joe Wicks video where you are the coach.
- ☐ 19. Go run (walk) to the top of a hill and take in the view.
- ☐ 20. Do 10 exercises in each room in your home. (star jumps, squats, press ups etc...)



Get Creative



- ☐ 21. Make and send a valentines card on the 14th February.
- ☐ 22. Make a 1 minute video clip about an animal (or a pet?) like David Attenborough.
- ☐ 23. Make up a song or a rap | SING, SING, SING.
- ☐ 24. Make a video of you performing your best air guitar (or air drums).
- ☐ 25. Draw a self portrait by looking in a mirror.

Learn a new skill

- ☐ 26. Learn a new skill like Keepy-uppies, knitting, riding a bike...
- ☐ 27. Try some origami | make a plane, or an animal or other 3D shape out of paper.
- ☐ 28. Learn how to juggle, roll some socks up, start with two and then three balls.
- ☐ 29. Learn to skip (jump rope) or improve your skipping, add a trick.
- ☐ 30. Clap as many times as you can between throwing a ball up in the air and catching it.



Build something



- ☐ 31. Create a monster, building, or machine out of Lego.
- ☐ 32. Make an inside den out of sofas, cushions, blankets ... have lunch in there!
- ☐ 33. Make a model out of cardboard or a scene (tv set) in a shoe box!
- ☐ 34. Build a home or a bed for a pet.
- ☐ 35. Build your reading power by reading a book.



You are a **SUPER HERO** | 15 or more Challenges completed
 You are a real **HERO** | 10 to 14 Challenges completed
 You are **TOTAL L Y AWESOME** | 6 to 9 Challenges completed
 You are **AWESOME** | 3 to 5 Challenges completed



Courtney
Primary
School

We would love for you to send us any pictures or videos of you completing these challenges and being awesome to your class e-mail address.



Covid-19: Who do I contact... if my child tests positive in the February half-term and is currently regularly attending school or preschool?

Date	Who to inform	What information to provide
Saturday 13 February to Tuesday 16 February	<p>If your child tests positive during this time it will impact on your child's bubble / class and we will need to alert those affected. Please email us on</p> <p>✉ ey-schoolscovidincidents@southglos.gov.uk</p> <p>REMEMBER: Your whole household needs to self-isolate for 10 days from the start of symptoms/booking a test.</p>	<ul style="list-style-type: none"> • The name of the school / setting • The year group and class your child is in • When your child's symptoms started • When they were tested • When they were last in school / setting <p>We will reply to your email with any additional advice.</p> <p>We will contact the school / setting if necessary to let them know, and advise on any actions they will need to take.</p>
Wednesday 17 February to Sunday 21 February	<p>Your household should continue to isolate as instructed and inform your child's school or setting in the normal way. If your child tests positive during this time their bubble / class will not be affected as they would not have been in school during the infectious period. To help us monitor cases in school / the setting, it would be helpful if you can email us the details using the email address</p> <p>✉ ey-schoolscovidincidents@southglos.gov.uk although you may not receive a response during this time.</p>	

*****If you are at all worried about your child's symptoms during the February half-term, please call 📞 NHS 111 and seek advice*****

Why are we asking you to provide details to the mailbox?

- When Covid-19 symptoms start, the person is infectious two days before this and up to 10 days afterwards. If your child gets symptoms between Saturday 13 February and Tuesday 16 February and goes on to test positive, it can impact on others in their bubble, class or year group who will also need to isolate because they are contacts of a positive case.
- If your child gets symptoms between Wednesday 17 February and Sunday 21 February and goes on to test positive, it's unlikely to affect your child's bubble, class or year group in the same way but we still need you to report it so we can log these positive cases locally.

You will need to inform everyone your child has been in close contact with that they have tested positive and these other contacts will need to self-isolate for 10 days. Also remember to let any out of school care / holiday clubs / activity clubs know about your child's symptoms and test results.

If your child is isolating at the start of term 4 please contact your school / setting in the usual way to let them know when your child will be back at school / setting.

There's lots of useful Covid-19 information for parents and carers on our website
www.southglos.gov.uk/coronavirus

Stop the spread.

Do the right thing.

www.southglos.gov.uk/coronavirus

Friends of Courtney Primary News

Courtney Crown Trail #courtneycrowntrail

We hope you are enjoying the *Courtney Crown Trail*. In case you have missed the details so far, an email was sent last week outlining the three separate walking trails. Details are also on our Facebook page. Find all the letters within each trail and unscramble them to find a word. There are three words to complete, one per trail. Email the word/s to chairfocp@gmail.com for the chance to win a chocolate selection box! A winner will be picked randomly from all the correct answers.

The Courtney Crown Trail is free. But if you would like to donate to FOCP, please donate a suggested £3 using secure online banking via this link: <https://app.offspring.co/BtRCKIOA4>. If you do not have online banking, perhaps you would like to buy a virtual balloon to support us instead...



Valentine's Virtual Balloon Race



Time is running out to enter the Virtual Balloon Race which launches from the Eiffel Tower on 14th February and runs for 7 days. To enter the race, simply create an account (if you haven't done so already) and buy a virtual balloon via the following link:

<https://ecoracing.co/user/page/1294>

Each balloon costs £3, and because they are virtual, they are 100% eco-friendly. You can buy one balloon per family or as many balloons as you like to compete against other family members and friends! National prizes for the race are:

1. £500 Cash
2. Apple iPad
3. 10 winners of £10 Book Tokens

However, by supporting the Friends Of Courtney Primary in the race, the FOCP bought balloon that travels furthest will win a Valentine's Day hamper which includes wine and chocolates.

Once the race starts, you can track your balloon(s) via your own online dashboard.

FOCP Social Media

Please follow our "Courtney FOCP" page on Facebook (search for @focpcourtney) or @CourtneyFocp on Twitter.

Want to provide more for your family?

Improve your work and pay

Make it happen with our help



Welcome to Future Bright, a new free service for people in paid work, that offers flexible options to boost your job prospects and skills.

What will I get?

- **Support:** A dedicated Career Coach
- **Advice:** Practical help to take control of your work and pay
- **Skills:** Training and development designed around you

Is this for me?

Future Bright works with residents in Bristol, South Gloucestershire and Bath and North East Somerset, who are aged 19 or over and are in paid work and receiving benefits to top up their income*.

How do I sign up?

- **Visit**
www.futurebright.org.uk
- **Call**
01454 866 008
- **Email**
future.bright@southglos.gov.uk

The service is managed by the West of England Combined Authority and delivered by Bath & North East Somerset, Bristol and South Gloucestershire Councils.

*To be eligible you must be receiving one or more of the following in-work benefits: JSA, ESA, Universal Credit, Working Tax Credit, Child Tax Credit, Housing Benefit, Income Support or Council Tax Reduction.



The last year has brought about a lot of changes for everyone, and as your local NHS Charity, we've had to adapt our ways of fundraising so that we can continue to support our dedicated colleagues in providing the best possible care to patients throughout the pandemic and beyond.



We have just launched our new virtual baking event: the [10 Bake Challenge](#) and thought you might be able to promote it to the Courtney Primary School community.

This is the chance for your pupils to put their baking skills to the ultimate test through up to 10 exciting challenges and raise some dough for their local NHS in Bristol. The 10 challenges can be taken on individually or split between their class - the choice is theirs!

Egg-cited? Here's how to get involved:

- Parents can sign-up via our [website](#) to create their 10 Bake Challenge fundraising page
- Access the full challenge pack through the welcome email that follows – helpful tips, colourful cake flags and everything needed for recipe success!

Whether brand new to baking or master cake makers, we would love your school community to get involved, and your support will come at a critical time to our NHS. With your help, we can continue to fund state-of-the-art equipment, pioneering research and other vital projects that will have a huge impact our dedicated staff and the patients in their care during these incredibly difficult winter months.

South Gloucestershire Community Learning and Skills Service

* FREE courses for February

Accredited Employability				
Course Title	Dates	Times	No weeks	Dev Worker contact
NOCN Level 1 Office Admin Skills	Tuesdays 2 Feb - 27 Apr	9.30 to 12.30am	10 Weeks	Anthony: 07522218409
Computing and Digital Skills				
MS Office Excel Skills	Thursdays, 4 Feb – 18 March	10 to 12 noon	6 weeks	Sam: 07768293842
Essential Digital Skills Qualification	Mondays, 22 Feb – 28 June	9.30 to 11.30am	15 weeks	Abi: 07860181353
IT for Work:	Tuesdays, 23 Feb - 18 May	1-3pm	11 weeks	Anthony 07522218409
IT for Work	Thursdays, 25 Feb – 29 April	9.30-11.30am	8 Weeks	Abi: 07860181353
Computers for Everyday Life	Wednesdays, 24 Feb – 24 March	10 to 12 noon	5 weeks	Sam: 07768293842
English				
Brush Up Your Pronunciation	Tuesdays, 19 Jan – 2 Feb	7 to 9pm	6 weeks	Anneliese: 07979701860
Creative Writing for Self Discovery	Mondays, 25 Jan – 22 March	12.45 to 2.45pm	8 weeks	Anthony 07522218409
ESOL				
ESOL for Families	Fridays, 29 Jan – 26 March	11 – 1pm	8 weeks	Sam: 07768293842
ESOL in the Community	Wednesdays 10 Feb -31 Mar	9.30 to 11.30am	8 weeks	Anthony 07522218409
Into Work				
Intro to Working with Animals	Mondays, 5 Jan – 16 March	9.30 to 11.30am	10 weeks	Anneliese: 07979701860
Intro to Child Care	Fridays, 26 Feb – 26 March	9.30 to 11.30am	5 weeks	Abi: 07860181353
Building Confidence in Sewing Skills	Tuesdays, 26 Jan – 30 March	10 to 12 noon	9 weeks	Sam: 07768293842
Become your own Boss	Thursdays, 25 Feb – 1 April	1 to 3pm	6 weeks	Sam: 07768293842
Getting Started with your Family History	Fridays, 26 Feb – 26 March	9.30am to 12.30pm	5 weeks	Sam: 07768293842
Intro to Setting up a Community Group	Friday, 26 March	10am to 3pm	1 day	Abi: 07860181353
Intro to Warehousing & Logistics	Tuesdays, 24 Feb – 31 March	10 to 12 noon	6 weeks	Anneliese: 07979701860
Intro to Turning Blogging into a Business	Fridays, 26 Feb – 12 March	9.30am to 1pm	3 weeks	Sam: 07768293842
Moving Your Business Online	Wednesdays, 24 March – 12 May	6.30 to 8.30pm	10 weeks	Anneliese: 07979701860
Intro to Making Your Hobby pay	Friday, 12 March	10am to 3pm	1 day	Abi: 07860181353

* For adults aged 19+ with few or no qualifications; or experiencing other barriers to work

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Course Title	Dates	Times	No weeks	Dev Worker contact
Intro to working in Horticulture	Wed, 24 Feb – 31 March	10am to 12noon	6 weeks	Abi: 07860181353
Preparing to Work in the Retail Sector	Mondays, 22 Feb – 29 March	10am to 12noon	6 weeks	Abi: 07860181353
Maths				
Math for Parents	Mondays, 22 Feb - 29 March	9.45 to 11.45am	6 weeks	Abi: 07860181353
Wellbeing				
Cooking on a Budget	Thursdays, 22 Jan – 5 March	10 to 12 noon	6 weeks	Anneliese: 07979701860
Sewing for Wellbeing	Wednesdays, 27 Jan – 24 March	1 to 3pm	8 weeks	Anneliese: 07979701860
Smartphone Photography	Fridays, 29 Jan – 12 March	10 to 12 noon	6 weeks	Anneliese: 07979701860
Mindfulness for Life	Tuesdays, 2 Feb – 30 March	10 to 12 noon	8 weeks	Sam: 07768293842
Lockdown tips for Families	Mondays, 8 Feb – 8 March	1.30 to 2.30pm	4 weeks	Anneliese: 07979701860
Gardening for Families	Tuesdays, 23 Feb – 16 Mar	10 to 12 noon	4 weeks	Anneliese: 07979701860
Arts and Craft for Wellbeing	Wednesdays 24 Feb - 31 Mar	1 to 3pm	6 Weeks	Anthony 07522218409
Confidence – Overcoming Anxiety	Thursdays 25 Feb – 25 March	2.45 to 4.45pm	3 weeks	Sam: 07768293842
Universal Learning Skills for Work	Tues 23 Feb - 27 April	12.45 to 2.45pm	8 Weeks	Anthony 07522218409
Creative Writing for Self-Discovery	Mondays 25 Jan - 22 Mar	12.45 to 2.45pm	8 Weeks	Anthony 07522218409
Gardening for Families	Mondays 22 Feb -12 Mar	6 to 8pm	4 Weeks	Anneliese: 07979701860

You will need to have access to the internet; and to a computer, laptop or tablet, in order to follow the course and take part in Zoom video calls with your tutor. We may be able to support you with this if you speak to us when you enquire/enrol

* For adults aged 19+ with few or no qualifications; or experiencing other barriers to work

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