



DID YOU KNOW?



We use red tractor or farm assured meat in our schools.



We use MSC Certified Fish to encourage sustainable fishing practices

Our seasonal fresh vegetables are sourced from local farms wherever possible and we also use fair trade products

DIETARY AND ALLERGEN ADVICE

If your child requires a special diet for medical reasons please contact

SPECIALDIETS@EDWARDSANDWARD.CO.UK

Please note menus subject to change due to unforeseen circumstances



DATE *Spring Summer 2021*

PAY *You!*

SUM OF *Four Hundred and Thirty Seven Pounds*



£437.00



ALL PUPILS IN RECEPTION UP TO YEAR 2 ARE ENTITLED TO A FREE, NUTRITIOUS SCHOOL MEAL AT LUNCHTIME! Everyone gets Universal Infant

Free School Meals automatically and will benefit by £437 a year per child.

If your child is in year 3 or above, find out if they could also qualify for a free school meal by contacting the school office.

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Smile
food that makes you happy



COURTNEY PRIMARY SCHOOL

SPRING / SUMMER 2021

MENU



WEEK 1

19/04/2021, 10/05/2021, 31/05/2021, 21/06/2021,
12/07/2021, 30/08/2021, 20/09/2021, 11/10/2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cheese & Tomato Pizza (W)
or
Rainbow Vegetable Stirfry (V)
or
Jacket Potato with Cheese or Beans (V)

Super Greens

Apple Crumble with Custard

Chicken, Sweetcorn and Pasta Bake
or
Tomato & Basil Pasta Bake (V)
or
Jacket Potato with Cheese or Beans (V)

Broccoli, Golden Corn

Strawberry Mousse

Roast of the Day with Gravy & Roast Potatoes
or
Cheese & Onion Pinwheel with Roast Potatoes (V)
or
Jacket Potato with Cheese and Beans (V)

Broccoli, Carrots

Strawberry Jelly & Peach Slices (V)

Minced Beef & Onion Pie with Mash
or
Cheesy Broccoli Pasta (V)
or
Jacket Potato with Cheese or Beans (V)

Rainbow Vegetables

Sultana Sponge & Lemon Syrup

Fish & Chips with Tomato Sauce
or
Veggie Burger with Chips & Tomato Sauce (V)
or
Jacket Potato with Cheese or Beans (V)

Peas, Baked Beans

Vanilla Iced Shortbread

WG – Wholegrains
Ve – Vegetarian



WEEK 2

26/04/2021, 17/05/2021, 07/06/2021, 28/06/2021
19/07/2021, 06/09/2021, 27/09/2021, 18/10/2021

Cheese & Tomato Pizza (V)
or
Stir Fry Vegetable Noodles (V)
or
Jacket Potato with Cheese or Beans (V)

BBQ Beans, Golden Corn

Peach Crumble with Custard

BBQ Chicken with Golden Rice
or
Mac & Cheese (V)
or
Jacket Potato with Cheese or Beans (V)

Super Greens

Arctic Roll

Roast of the Day with Gravy & Roast Potatoes
or
Quorn Fillet with Gravy & Roast Potatoes (V)
or
Jacket Potato with Cheese and Beans (V)

Broccoli, Carrots

Orange Jelly with Mandarins (V)

Cottage Pie
or
Vegetable Curry with Rice (V)
or
Jacket Potato with Cheese or Beans (V)

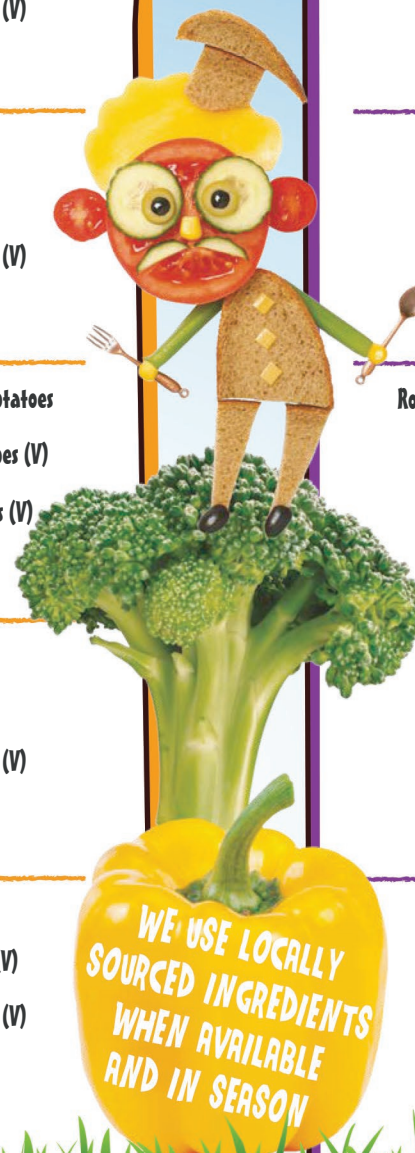
Rainbow Vegetables

Jam Sponge with Custard

Fish & Chips with Tomato Sauce
or
Cheese & Tomato Puffs with Chips (V)
or
Jacket Potato with Cheese or Beans (V)

Peas, Baked Beans

Flapjack



WEEK 3

03/05/2021, 24/05/2021, 14/06/2021, 05/07/2021
26/07/2021, 13/09/2021, 04/10/2021, 25/10/2021

Cheese & Tomato Pizza (V)
or
Veggie Chilli with Rice (V)
or
Jacket Potato with Cheese or Beans (V)

BBQ Beans, Golden Corn

Apple and Pear Crumble with Custard

Spaghetti Bolognese
or
Potato Longboats (V)
or
Jacket Potato with Cheese or Beans (V)

Rainbow Vegetables

Chocolate and Beetroot Brownie

Roast of the Day with Gravy & Roast Potatoes
or
Cauliflower Cheese & Roast Potatoes (V)
or
Jacket Potato with Cheese and Beans (V)

Broccoli, Carrots

Strawberry Jelly with Pineapple Chunks (V)

Pork Sausages & Mash with Gravy
or
Vegetable Bolognese with Pasta (V)
or
Jacket Potato with Cheese or Beans (V)

Super Greens

Chocolate Banana Cake with Custard

Fish & Chips with Tomato Sauce
or
Cheese & Onion Quiche with Chips (V)
or
Jacket Potato with Cheese or Beans (V)

Peas, Baked Beans

Vanilla Cookie with Yoghurt



Smile food that makes you happy

(V) Suitable for Vegetarians



SERVED DAILY – FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.