



Headteacher: Mrs Deborah Wood

Nurture, Inspire, Flourish.



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Newsletter 3 – 25th September 2020

We understand how to lead physically and mentally healthy lives.

Term Dates

Term	Starts	Ends
Term 1	Tuesday 1 September 2020	Friday 23 October 2020
Term 2	Monday 2 November 2020	Friday 18 December 2020
Term 3	Monday 4 January 2021	Friday 12 February 2021
Term 4	Monday 22 February 2021	Thursday 1 April 2021
Term 5	Monday 19 April 2021	Friday 28 May 2021
Term 6	Monday 7 June 2021	Wednesday 21 July 2021

INSET Days

INSET Days (These days are for training purposes.)
Monday 2 nd November 2020
Monday 4 th January 2021
Tuesday 5 th January 2021

Headteacher's News

Nature is the Mother of Invention. During these strange times, we have not been able to do many of the things we normally do in the usual way; this has led to some creative thinking. This week, the children in Cherry class met their Year 6 buddies via an online meeting. It is not quite the same as playing and reading together but they have been able to make contact and smile and wave at each other.

Our Parent Teacher Association, Friends of Courtney Primary, are experiencing the same challenges and I am so grateful for, and impressed by, their dedication to keep the group and the fundraising going. Who would have thought that over £900 (and still counting) could be raised with an online Courtney K event? And looking at the photographs, clearly a lot of fun was had, including a swimming option – we could not have organised that at school – and powder paints being thrown.

As you can read further in this newsletter, we really want to encourage our children to take advantage of the freshly cooked hot school meals we have on offer. We have staggered our dinnertimes so that the children can still sit safely together within their bubbles in the hall, whether packed lunches or school dinners. From this week we will be putting the weekly menus in each newsletter so we do hope that you will talk through them with your child. We need to keep the children well fed and keep Mrs Higgs and Mrs Murphy busy in our kitchen!

And finally, we are now coming into the colder weather season. We are going to have the heating on but we are also going to keep the doors and windows open when we can to keep the classrooms well ventilated. Do make sure your child comes in appropriately dressed; school may not be as warm as home. Have a lovely weekend. **D Wood**

This week's Crown Values Certificates awarded to:

Year R Cherry: Ellie L
Year 1 Oak: Isabel S
Year 2 Ash: Ozzie F
Year 3 Lime: Lilly B
Year 4 Maple: Elsie-May L
Year 5 Sycamore: Caiden H
Year 6 Cedar: Katie D



Whole School Attendance Target
96%

Current Attendance
96.6%



Reading Certificates

Jayden S

Remember to record those reads each day. The first certificate will be awarded after the first 25 reads.



Multiplication Masters

Fletcher A, George B, Emily C, Tahlia H, Holly H, Megan L, Ben R



Virtual Courtney K

Thank you to all of you who took part in the fundraising event. If you go to the fundraising page <https://www.justgiving.com/fo-courtneyprimarysch> there are more photographs and some impressive amounts of money raised.



Census Day: Thursday 1st October: Eat in to Help Out at Courtney!

Next Thursday the Government will be looking at our uptake of school meals and will calculate next year's funding for school meals based on our uptake on Thursday - the more dinners are eaten, the better our funding. Consequently, it will really help the school if you could encourage your child to have a school meal on Thursday. To help with this, there will be:

- Prizes to be won! Two lucky pupils from each class who find a star on their tray will win a prize!
- The dining hall will become a pizzeria with an especially treaty menu.

Thank you for supporting Courtney!



School Meals – Catering for all!

The school and kitchen are working really hard to provide hot meals that are both healthy and appetising for all our pupils. We believe that having a hot nutritious meal in the middle of the day has many benefits for all our children. We have listened to feedback we have received and made the following changes:

1. Meal portions for the older children will increase.
2. Fish pie will now be with mashed potatoes rather than potato gratin.
3. We will set out next week's menu in every newsletter to help families with their meal choices.

We want to hear more from you and your children! Whilst we can't make a completely bespoke menu for our school, we have a choice of two menus we can follow; our current and an alternative menu. (These are both at the bottom on the newsletter.) Next week in class, your child will be asked to vote on which they prefer. Please take the time to go through both menus with your child and discuss which they might prefer.

If you have any feedback that you think might help us improve the provision for our children, please let us know.

Next Week's Menu

Monday

Mac & Cheese with Garlic Bread (hot school meal option)
Chick Pea Curry with Bulgar Wheat (vegetarian option)
Jacket Potato with choice of filling (cheese, beans or tuna)
Artic Roll

Tuesday

Chicken Meatballs Mash & Gravy (hot school meal option)
Honey & Ginger Vegetable Stir Fry with Rice (vegetarian option)
Jacket Potato with choice of filling (cheese, beans or tuna)
Raspberry Oat Slice

Wednesday

Beef Cottage Pie & Gravy (hot school meal option)
Veggie Chilli & Rice (vegetarian option)
Jacket Potato with choice of filling (cheese, beans or tuna)
St Clements Sponge with Custard

Thursday: Census Day!

Cheese, Ham & Pineapple Pizza (hot school meal option)
Cheese & Tomato Pizza (vegetarian option)
Served with chips, mixed salad, BBQ Beans or Baked Beans
Jacket Potato with choice of filling (cheese, beans or tuna)
Artic Roll Ice Cream

Friday

Battered Cod with Chips & Tomato Sauce (hot school meal option)
Spring Vegetable Pasta & Garlic Bread (vegetarian option)
Jacket Potato with choice of filling (cheese, beans or tuna)
Carrot Cookie

Alternative Menus Menu 1 Koala (Current Menu) or Menu 2 Lion

KORLA

WEEK 1

WEEK 2

WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cheese & Onion Pinwheel & Herby Diced Potatoes (v)
or
Vegetable Keema Curry with Rice (v)
or
Jacket Potato with Choice of Filling (v)
Mixed Salad, Roasted Courgettes
Caramelised Apple Crumble with Custard

Chicken & Sweetcorn Pasta Bake with Garlic Bread
or
Stir Fry Noodles & Crispy Vegetables (v)
or
Jacket Potato with Choice of Filling (v)
Rainbow Vegetables, Green Beans
Coconut Jam Slice

Fish Pie with Roast Potato Topping
or
Veggie Burger with Jacket Wedges & Tomato Sauce (v)
or
Jacket Potato with Choice of Filling (v)
Broccoli, Peas & Sweetcorn
Butterscotch Bread & Butter Pudding with Custard

Roast of the Day with Gravy & Roast Potatoes
or
Veggie Sausages with Gravy & Roast Potatoes (v)
or
Jacket Potato with Choice of Filling (v)
Shredded Cabbage, Carrots
Hapjack

MSC Fish Fingers or Salmon Fish Fingers with Chips & Tomato Sauce
or
Tomato & Basil Pasta Bake with Fresh Bread (v)
or
Tomato Soup & Cheese Baguette (v)
Baked Beans, Garden Peas
Strawberry Jelly & Peach Slices (v)

Mac & Cheese with Garlic Bread (v)
or
Chick Pea Curry with Bulgur Wheat (v)
or
Jacket Potato with Choice of Filling (v)
Sweet Corn & Peppers, Green Beans
Arctic Roll

Chicken Meatballs, Mash & Gravy
or
Honey & Ginger Vegetable Stir Fry with Rice (v)
or
Jacket Potato with Choice of Filling (v)
Garden Peas, Broccoli
Raspberry Oat Slice

Beef Cottage Pie & Gravy
or
Veggie Chilli & Rice (v)
or
Jacket Potato with Choice of Filling (v)
Mixed Salad, Super Greens
St Clements Sponge with Custard

Roast of the Day with Gravy & Roast Potatoes
or
Quorn Fillet with Stuffing, Gravy & Roast Potatoes (v)
or
Jacket Potato with Choice of Filling (v)
Carrots, Shredded Cabbage
Peach Crumble with Custard

Battered Cod with Chips & Tomato Sauce
or
Spring Vegetable Pasta & Garlic Bread (v)
or
Tomato Soup & Cheese Baguette (v)
Baked Beans, Garden Peas
Carrot Cookie

Tomato & Vegetable Ragu & Garlic Bread (v)
or
Veggie Mince Pie, Gravy & Mash (v)
or
Jacket Potato with Choice of Filling (v)
Super Greens, Carrots
Lime Shortbread

Chicken Korma Curry with Rice
or
Vegetable Lasagne & Garlic Bread
or
Jacket Potato with Choice of Filling (v)
Broccoli, Mixed Salad
Rice Pudding with Jam Sauce

Beef Burger with Jacket Wedges & Tomato Sauce
or
Vegetable Chow Mein (V)
or
Jacket Potato with Choice of Filling (v)
Peas & Sweetcorn, Green Beans
Chocolate Blancmange

Roast of the Day with Gravy & Roast Potatoes
or
Veggie Sausages with Gravy & Roast Potatoes (v)
or
Jacket Potato with Choice of Filling (v)
Carrots, Broccoli
Summer Fruit Ripple Sponge & Custard

Bubble Crumb Fish & Chips with Tomato Sauce
or
Veggie Hot Dog with Chips & Tomato Sauce (v)
or
Tomato Soup & Cheese Baguette (v)
Baked Beans, Garden Peas
Strawberry Jelly
with Pineapple Chunks (v)

FRESH
HEALTHY
TASTY

WE USE LOCALLY
SOURCED INGREDIENTS
WHEN AVAILABLE
AND IN SEASON

SERVED DAILY - FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.

Smile food that makes you happy

(V) Suitable for Vegetarians

SERVED DAILY - FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.

LION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

Week commencing
12 Oct, 9 Nov, 30 Nov

Cheese & Tomato Pizza (v)
or
Rainbow Vegetable Stirfry (v)
or
Jacket Potato with Cheese or Beans (v)
Super Greens
Apple Crumble with Custard

Chicken Korma & Rice
or
Tomato & Basil Pasta Bake (v)
or
Jacket Potato with Cheese or Beans (v)
Broccoli, Golden Corn
Strawberry Mousse

Roast of the Day with Gravy & Roast Potatoes
or
Cheese & Onion Pinwheel with Roast Potatoes (v)
or
Tomato Soup served with Bread (v)
Broccoli, Carrots
Strawberry Jelly & Peach Slices (v)

Minced Beef & Onion Pie with Mash
or
Cheesy Broccoli Pasta (v)
or
Jacket Potato with Cheese or Beans (v)
Rainbow Vegetables
Sultana Sponge & Lemon Syrup

Fish & Chips with Tomato Sauce
or
Veggie Burger with Chips & Tomato Sauce (v)
or
Jacket Potato with Cheese or Beans (v)
Peas, Baked Beans
Vanilla Iced Shortbread

WEEK 2

Week commencing
28 Sept, 19 Oct, 16 Nov, 7 Dec

Cheese & Tomato Pizza (v)
or
Stir Fry Vegetable Noodles (v)
or
Jacket Potato with Cheese or Beans (v)
BBQ Beans, Golden Corn
Peach Crumble with Custard

BBQ Chicken with Golden Rice
or
Mac & Cheese (v)
or
Jacket Potato with Cheese or Beans (v)
Super Greens
Arctic Roll

Roast of the Day with Gravy & Roast Potatoes
or
Veggie Sausages with Gravy & Roast Potatoes (v)
or
Tomato Soup served with Bread (v)
Broccoli, Carrots
Orange Jelly with Mandarins (v)

Cottage Pie
or
Vegetable Curry with Rice (v)
or
Jacket Potato with Cheese or Beans (v)
Rainbow Vegetables
Jam Sponge with Custard

Fish & Chips with Tomato Sauce
or
Cheese & Tomato Puffs with Chips (v)
or
Jacket Potato with Cheese or Beans (v)
Peas, Baked Beans
Hapjack

WEEK 3

Week commencing
5 Oct, 2 Nov, 23 Nov, 14 Dec

Cheese & Tomato Pizza (v)
or
Veggie Chilli with Rice (v)
or
Jacket Potato with Cheese or Beans (v)
BBQ Beans, Golden Corn
Apple and Pear Crumble with Custard

Spaghetti Bolognese
or
Potato Longboats (v)
or
Jacket Potato with Cheese or Beans (v)
Rainbow Vegetables
Coconut & Sultana Rice Pudding

Roast of the Day with Gravy & Roast Potatoes
or
Cauliflower Cheese & Roast Potatoes (v)
or
Tomato Soup served with Bread (v)
Broccoli, Carrots
Strawberry Jelly with Pineapple Chunks (v)

Pork or Chicken Sausages & Mash with Gravy
or
Vegetable Bolognese with Pasta (v)
or
Jacket Potato with Cheese or Beans (v)
Super Greens
Chocolate Banana Cake with Custard

Fish & Chips with Tomato Sauce
or
Cheese & Onion Quiche with Chips (v)
or
Jacket Potato with Cheese or Beans (v)
Pear, Baked Beans
Vanilla Cookie with Yoghurt

SERVED DAILY - FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.

Smile food that makes you happy

(V) Suitable for Vegetarians

SERVED DAILY - FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.



Clothing Collection

Unfortunately, we are temporarily halting the clothing collections in the clothing banks as the company which empties them are not doing this at the moment. If you can, please find a corner to keep your clothing donations for when we restart collections as it provides an income for our lunchtime play equipment.



Free School Meals

Have your circumstances changed?

Has your income dropped?

You may well be eligible to claim free school meals.

If your financial circumstances have changed due to the Covid situation, please look at the South Glos. website to see if you are now eligible for Free School Meals. For every child in school (even those in the Infants), if you meet the Free School Meal criteria, then the school will offer you **money off towards school visits and uniform** so it's certainly worth a look:

<https://find-information-for-adults-children-families.southglos.gov.uk/kb5/southglos/directory/advice.page?id=96T2gCAk10A#free>



Friends of Courtney Primary News

Virtual Courtney K

A big thank you and congratulations to all those who took part in the Virtual Courtney K at the weekend. Donations have nearly reached £1000! If you feel inspired, there is still time to complete your own virtual Courtney K this weekend or until the end of September.

Although not essential, it would be great if you are also able to ask friends and family to sponsor you whilst doing it to raise money for FoCP. You can set up your own JustGiving fundraising page via this link:

<http://www.justgiving.com/fundraising-page/creation/?cid=2991734&eid=6123566>



However, this is only voluntary – Just taking part is the most important thing!

AGM

We are holding our AGM virtually via Zoom on 8th October 5pm – 6pm where new members will be very welcome. It will provide an excellent opportunity for all parents to hear in more detail about our work, the events we have run, the funds we have raised and how the money has been spent. If you would like to attend, please email chairfocp@gmail.com for the meeting details.